

Kontext

Beschreiben Sie die Situation und das Umfeld, in dem Sie arbeiten.

Stellen Sie die Einrichtung, das Team und ihre Patientengruppe/Empfänger vor

Welches Problem bzw. welche klinische Herausforderung möchten Sie mit Ihrer Aromatherapie-Intervention lösen?

Praktische Tipp :

Verwenden Sie nicht zu viel Text, stellen Sie sicher, dass alle Bilder klar sind – Schriftgröße 21 in Calibri – gehen Sie nicht unter 18 Punkt

Sie können Ihr Firmen-PowerPoint-Format mit Ihrer Farbe und Ihrem Logo verwenden



Aromatherapie-Innovation

Stellen Sie das/die Aromatherapie-Team/-Praktiker vor und erläutern Sie detailliert deren Ausbildungsstand in der Aromatherapie

Fügen Sie ein Foto Ihres Teams hinzu

Erläutern Sie die Gründe für den Einsatz der Aromatherapie bei Ihrer speziellen Herausforderung

Warum gilt Ihre Intervention als innovative Behandlung/Protokoll?

Sie können hier bibliografische Referenzen hinzufügen, um Ihre Praxis zu unterstützen



Materialien

- Listen Sie die ätherischen Öle und anderen Hilfsmittel auf, die in Ihrem Protokoll verwendet werden – einschließlich botanischer Namen/Chemotypen/analytischer Informationen ...
- Erklären Sie Ihre aromatische Formulierung sowie Dosierung und Anwendungsweise

Fügen Sie Fotos Ihrer aromatischen Formulierung(en) bei

Hinweis: Achten Sie darauf, keine Marke/Mischung ätherischer Öle zu bewerben



Das Protokoll selbst

Beschreiben Sie Ihr Aromaprotokoll im Detail.

Stellen Sie sicher, dass Sie Folgendes angeben:

- Patientenbeurteilung/-information
- Behandlung (Dosis, Dauer, Häufigkeit)
- Auswertung



Nutzen

Verwenden Sie Grafiken/Daten/Fotos, um den Nutzen Ihres spezifischen innovativen Dienstes/Protokolls zu demonstrieren.

Erläutern Sie den/die Nutzen und die Methoden, die Sie zur Bewertung der Wirksamkeit verwendet haben.



Höhepunkte

Heben Sie die wichtigsten Punkte Ihrer Aromatherapie-Praxis/Ihres Aromatherapie-Protokolls hervor – was macht sie einzigartig/innovativ?

Erörtern Sie aus Ihrer Sicht, in welcher Form Ihre Praxis sich möglicherweise auf eine Anwendung an breitere Bevölkerungsschichten auswirken oder erweitern lassen könnte.

Geben Sie Einblick darüber, wie die Aromatherapie in Ihrem Land besser anerkannt werden könnte.



Plakatlayout (1)

- Erstellen Sie die 6 Folien in Powerpoint
- Wählen Sie „Drucken“ der 6 Folien mit dem „Adobe PDF“-Drucker
- Wählen Sie in den Einstellungen den Modus mit 6 horizontalen Folien.
- Als PDF speichern

←

Accueil

Nouveau

Ouvrir

Télécharger des compléments

Informations

Enregistrer

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Imprimer

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Imprimante

Adobe PDF Prête

[Propriétés de l'imprimante](#)

Paramètres

Imprimer toutes les diapositives...
Imprimer la totalité de la pr...

Diapositives : 1

6 diapositives horizontales Documents (6 diapositives...)

Assemblées 1,2,3 1,2,3 1,2,3

Orientation Portrait

Couleur

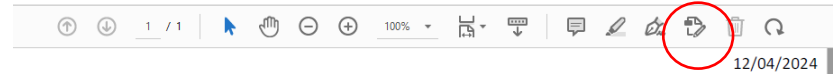
[Modifier l'en-tête et le pied de page](#)

Plakatlayout (2)

- PDF-Dokument mit Adobe öffnen
- Klicken Sie auf die Schaltfläche „Text und Bilder ändern“.
- Fügen Sie einen Titel hinzu mit:
 - Name der Institution – Stadt/Land
 - Namen der Autor/innen
 - E-Mail des Autors/der Autorin

Sie können auch ein Logo hinzufügen

Pdfs lassen sich ohne Adobe-Konto auch in www.ilovepdf.com bearbeiten




12/04/2024

Context

Describe the situation
Introduce the establishment and its patient population/recipients
What is the problem you would like to solve with aroma ?


Practical advice
Don't use too much text, make sure images are clear - font size 21 in Callibri - don't go below 18
Use your corporate power-point format with your color and your logo



1

Aroma Innovation

Introduce the AROMA team/practitioner, and detail their aroma training
Add a photo
Explain the rationale for using aromatherapy
Why is it an innovative treatment/protocol for the patient ?
You can add bibliographic ref




2

Materials

- List essential oils - be sure to tell us the botanical names of the oils, the chemotypes, the quality (GCMS if any)
- Explain preparation and formulation :
 - Aromatics
 - Diffusions
 - Messages
 - Oral preparation

Include photos of aromatic preparations
NB: Make sure not to promote a brand/mixture




3

The protocol

Describe the protocol in detail :

- Patient assessment /information
- Treatment (dose, duration)
- Evaluation



4

Benefits

Use graphs, data, photos
Explain the benefits) and how you evaluate it

Highlights

Highlight the key points of your aromatherapy practice/protocol - why makes it unique/innovative.

Give us your idea to extend this practice to a larger population

Give us an idea of how aromatherapy can be better recognized for its

Beispiel

ABC Care Home
Name - Country
email address

27/09/2023

ABC Care Home

EXAMPLE ONLY

- The Aromatherapy team at ABC Care Home is located in Sunflower (City, Country).
- The Aromatherapy team at ABC Care Home consists of:
 - Aromatherapist: Blossom Bark (BA Dip, Aromatherapy) & Jasmine Flowers (BA, Dip, Aromatherapy, Cert. Counselling, Receptor Neurophysio), Merita Nurse (Registered Nurse, Cert Massage).
- Our private 20 bed residential unit, is for elderly, who have cognitive/memory issues or dementia. Aromatherapy has been offered since 2015.
- We offered a six month trial of weekly memory journey sessions using aroma sticks, photos and other props to help residents recall pleasant emotions.
- We also offer aroma treatments of/for conditions such as restlessness, agitation, fatigue, disorientation (hand massage, aroma stick, pad on pillow or night clothes)




1

Aroma team Description

EXAMPLE ONLY

- Our weekly memory sessions are run by the two aromatherapists who work one to one with patients using aroma sticks to evoke memories and photos/ other props to support. The RN oversees the session – at least 6 patients attend each week. The aromatherapists are employed part time.
- The Care team nominate patients for the sessions & those with family to bring in photos or items & family can be present if they wish.
- The sessions are held in a small lounge with comfy armchairs and last for 15 minutes. The aromas are chosen based on the person's history, photos and noting any cautions or contraindications.
- Donations to the unit are used to purchase oils, equipment and printing of information.




2

Materials

EXAMPLE ONLY

- Essential oils are stored in a small locked fridge in the pharmacy room with a folder of monographs of each oil, supplier data and MSDS nearby on the pharmacy book shelf.
- The aroma Inhalers, pipettes, measuring beakers are stored in a labelled airtight plastic container in the pharmacy room. All equipment is cleaned with isopropyl alcohol. The plastic inhalers are reusable and these are cleaned with soapy water, dried and put through a UV steriliser.
- All blending is done by either aromatherapists as required – we note in a book what we have blended, who it is for and how it will be administered. We also note the Exp date of oils is recorded.
- Protocol developed by aromatherapists, RN & pharmacist
- We only buy our oils from the XYZ essential oil company and each bottle is supplied with a batch number expiry date, GCMG.




3

Methods for memory sessions

EXAMPLE ONLY

Stock oils: Sweet orange Citrus sinensis, Pine, Pinus sylvestris, lavender, ~~lavender~~ ~~lavender~~, Lemmon Citrus limon, Clove bud-Syzygium aromaticum, Frankincense Boswellia serrata

Year	2022	# treatments given	45	Way given	Ratage	Memory journey	15	Comments
	ES	3 sessions each	Personalised aroma sticks					Used to recall happy memories.
	Oils used		Sweet orange, pine, clove, lavender					Recalled pine forests, making orange juice with mother, better being and their wife's garden
	Photos							Stiffy stick, vapour inhalation
								Massage, Compress Heat pack



4

Benefits

EXAMPLE ONLY

- Before and after each memory session we asked patients to tell us how they were feeling using the smiling face chart.
- Staff were also observant for signs of distress, willingness to participate.
- Of the 48 interventions, 36 times patient mood improved, staff observed more engagement in activities after memory session.
- Patients seemed 'more content', family noticed they talked of memories the next day.
- Family were also asked to rate the aromatherapy service as part of a service feedback process at least once every three months (the whole service using this simple 3 face chart. In the last six months, 34 families gave a thumbs up, 8 families had not been involved in service.




5

Highlights

EXAMPLE ONLY

- The six month trial showed us the value of using aromas in the memory sessions, no side effects or negative effects observed.
- The memories recalled seemed richer & more fulfilling e oh that smell (sweet orange) is the smell of summer, we squeezed oranges from the garden to make juice +
- Therapist I tell me what this photo is about o (image of child in forest & patient sniffs pine aroma) + oh look there's my dog, Buster, he loved the forest, digging for things, the fresh pine forest, mother told us to breathe deep to stop us getting sick. I love the smell of pine. Feels like christmas +
- Anecdotal staff have noticed residents in the memory sessions are less anxious, and seem to settle to sleep more easily.



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